



CAPTAIN EDITION · THE WASHINGTON WEEKEND

CAPTAIN PLAYBOOK

FRIDAY, SEPTEMBER 25, 2026 · U.S. CAPITOL, WASHINGTON, D.C. · GATHER ON THE WEST STEPS.

INSIDE THIS PACKET

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WEEKS BEFORE · YOUR FIRST JOB

BOOK YOUR MEETINGS

You are requesting three short meetings for Friday, September 25: **both of your state's U.S. Senators and your own U.S. Representative.** Offices book up fast, so start today. A meeting with a staffer counts as a confirmed meeting.

1

FIND THE SCHEDULER

Use the office's online meeting-request form, or call the DC office and ask for the scheduler's email.

2

SEND THE REQUEST

Ask for a 15-minute constituent meeting on fentanyl policy. Say you're flexible from 10:30 to noon.

3

FOLLOW UP

Reply every few days until you get a yes. Polite and persistent wins the meeting.

4

CONFIRM & LOG

Confirm the week before, then note the time, room, and staffer in the tracker.

BY EMAIL, TO THE SCHEDULER

Subject: Constituent meeting request, Fri Sept 25

Dear **[Scheduler]**, I'm a constituent from **[City, State]** and part of United Against Fentanyl, a nonpartisan group of families in Washington on Friday, September 25. We'd be grateful for 15 minutes with the **[Senator / Congressman]** or your health staff to discuss fentanyl policy. We're flexible between 10:30 a.m. and noon. Thank you for considering it.

BY PHONE, TO THE FRONT DESK

*"Hi, I'm a constituent from **[State]**. I'd like to request a short meeting on Friday, September 25 about fentanyl. Could I have the best email to reach the scheduler?"*

Then send the email the same day, and note who you spoke with. No reply in three days? Follow up. Warm, brief, persistent.

LOG EVERY CONFIRMED MEETING

Put the **office, date, time, room, and your staffer contact** in the tracker as soon as it's set. That is what builds your delegation's schedule, and it is how HQ knows your state is covered.

FRIDAY, SEPTEMBER 25 · U.S. CAPITOL

THE DAY, HOUR BY HOUR

The morning is **front-loaded and outdoors**. Everything before 10:30 happens on the Capitol's west steps, so your delegation only clears security once, on its way into the buildings.

8:40 AM Check in at the Capitol **west steps**, and pick up your state's Dear Washington letters.

9:05 AM Opening & press moment, outdoors.

9:30 AM Briefing & group photo, the Washington Monument behind us.

9:55 AM Through security into the buildings, as a group.

10:30 AM **Meetings begin**, right on your booked windows. **YOUR WAVE & ORDER ARE ON YOUR CARD**

12:00 PM Reconvene on the **west steps**.

Afternoon DEA Faces of Fentanyl, together.

Evening Welcome reception at the hotel.

WAVE A

SENATE FIRST

Both senators together as a delegation, then cross to the House for each family's own representative.

WAVE B

HOUSE FIRST

Each family's own representative first, then cross to the Senate for both senators together.

Meetings run about 15 minutes each. You clear security once per side, so finish all your offices on one side before you cross. Large delegation? Split it so no office gets a dozen people at once.

HOW WE MOVE 140 PEOPLE ACROSS THE HILL

DELEGATION WAVES & GROUPS

To keep one side from being swamped at 10:30, delegations run in **two waves**: half start on the Senate side, half start on the House side, then they swap. Assignments below are balanced by headcount and can be adjusted. Every delegation still visits both senators together and each representative individually.

Wave A - Senate First

68 · 17 STATES

Florida 14 California 10 Pennsylvania 8 Missouri 6
Washington 5 South Carolina 4 D.C. 4 North Carolina 3
Tennessee 3 Arkansas 2 Maryland 2 West Virginia 2
Idaho 1 Louisiana 1 Michigan 1 Nevada 1 Vermont 1

Wave B - House First

67 · 17 STATES

Ohio 11 Virginia 11 New Jersey 8 Texas 7 New York 6
Illinois 4 Georgia 3 Mississippi 3 New Mexico 3 Alabama
2 Colorado 2 Wisconsin 2 Arizona 1 Indiana 1
Massachusetts 1 Montana 1 Oklahoma 1

FOR LARGE DELEGATIONS · ABOUT 7 OR MORE

Split the delegation by senator

A senator's office cannot hold 14 people for 15 minutes. So a large delegation **splits in two**: one team sees Senator 1 first while the other sees Senator 2, then they swap. Both senators are seen, both rooms stay a reasonable size, and no one waits in a hallway.

SPLIT THESE · FLORIDA 14 OHIO 11 VIRGINIA 11 CALIFORNIA 10 NEW JERSEY 8 PENNSYLVANIA 8 TEXAS 7



GROUP SIGN-UPS, KEEP TOGETHER

Six families registered as a group. Keep each together and in the same wave as their state: a **3-person group in Washington**, and **2-person groups in Virginia (two of them), Texas, Pennsylvania, and Ohio**. Full group rosters are in the attendee tracker.

ON THE DAY, PER DELEGATION

- ✓ **Know your wave** and start on the right side.
- ✓ **7 or more?** Split by senator.
- ✓ **Both senators together**, reps on your own.
- ✓ **Get the staffer's name and email** every time.
- ✓ **Reconvene at noon** on the west steps.

EVERYONE GETS A CARD LIKE THIS

Captains hand each family their card at check-in: their two senators, their own representative (matched by ZIP), their wave and order, a line to circle their pillar, and space to write each staffer's email. Four samples below; the full set of 135 is a separate document.

HAMMER FAVIS

FLORIDA

YOUR THREE MEETINGS TODAY

★ Ashley Moody

387 Russell · 202-224-3041

★ Rick Scott

110 Hart · 202-224-5274

• Jared Moskowitz (CD 23)

242 Cannon · 202-225-3001

WRITE THE STAFFER'S NAME + EMAIL AT EACH OFFICE:

Your order: 10:30 Senator 1 · 10:50 Senator 2 · 11:05 cross to House · 11:30 your Rep · 12:00 reconvene

Your pillar (circle one): Prevention · Survivors · Treatment · Recovery · Supply
Your story comes first, then lead with your pillar.

Your Rep is not on the Bipartisan Fentanyl Prevention Caucus yet. Ask them to join — it's bipartisan.

Reconvene noon · Capitol west steps | Questions? Jacob 269-281-6880

KEN BROMEIR

MISSOURI

YOUR THREE MEETINGS TODAY

★ Eric Schmitt

404 Russell · 202-224-5721

★ Josh Hawley

381 Russell · 202-224-6154

• Wesley Bell (CD 1)

1429 Longworth · 202-225-2406

WRITE THE STAFFER'S NAME + EMAIL AT EACH OFFICE:

Your order: 10:30 Senator 1 · 10:50 Senator 2 · 11:05 cross to House · 11:30 your Rep · 12:00 reconvene

Your pillar (circle one): Prevention · Survivors · Treatment · Recovery · Supply
Your story comes first, then lead with your pillar.

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DIANE URBAN

OHIO

YOUR THREE MEETINGS TODAY

★ Bernie Moreno

284 Russell · 202-224-2315

★ Jon Husted

304 Russell · 202-224-3353

• David P. Joyce (CD 14)

2065 Rayburn · 202-225-5731

WRITE THE STAFFER'S NAME + EMAIL AT EACH OFFICE:

Your order: 10:30 your Rep · 10:45 cross to Senate · 11:10 Senator 1 · 11:30 Senator 2 · 12:00 reconvene

Your pillar (circle one): Prevention · Survivors · Treatment · Recovery · Supply
Your story comes first, then lead with your pillar.

Your Rep is not on the Bipartisan Fentanyl Prevention Caucus yet. Ask them to join — it's bipartisan.

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LISA GOODRICH

VIRGINIA

YOUR THREE MEETINGS TODAY

★ Mark R. Warner

703 Hart · 202-224-2023

★ Tim Kaine

231 Russell · 202-224-4024

• Donald S. Beyer, Jr. (CD 8)

1226 Longworth · 202-225-4376

WRITE THE STAFFER'S NAME + EMAIL AT EACH OFFICE:

Your order: 10:30 your Rep · 10:45 cross to Senate · 11:10 Senator 1 · 11:30 Senator 2 · 12:00 reconvene

Your pillar (circle one): Prevention · Survivors · Treatment · Recovery · Supply
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WHAT TO SAY IN THE ROOM

YOUR MEETING SCRIPT

You are a parent, and that is exactly why you will be heard. You have about **15 minutes**. Keep the open short, give the **stories** the time, and finish with **one clear ask**. The most powerful thing in this room is your family telling the truth, in your own words.

WHO YOU MEET	YOUR TONE	YOUR CHILD	THE RULE
Usually a staffer, not the member. That is a win. Staff move the bills.	Calm, warm, dignified. We come in partnership, never criticism.	Say their name and tell their story. This is why you are heard.	More of you in the room? Each person speaks shorter. Just one or two? Go deeper.

1 OPEN

WARM OPEN · scripted · ~20 sec · keep it short

"Good morning, and thank you for making time for us. I'm [NAME], a constituent from [CITY, STATE], here with United Against Fentanyl, a nonpartisan movement of families from nearly all fifty states who have lost someone to fentanyl. We come in partnership, and we wanted to bring this to you in person. I'd like a few of us to tell you why we're here."

Shake hands. Sit when invited. Then hand the room to the families.

2 STORY

YOUR STORIES · your own words · this is the heart of the meeting

This is what they will remember. In your own words: say **who you lost and who they were**, and **what happened, plainly**. Share to your own level of comfort, and no further. Land on: **"No family should go through this, and most of it is preventable."**

How long each person speaks depends on how many of you are in the room. A large delegation: 4 to 6 people speak, about 30 seconds each, and everyone else stands holding their child's photo. Just one or two of you: slow down and go deeper. Watch the clock so everyone who wants a turn gets one. A room full of photos says as much as words.

3 ASK

ONE CLEAR ASK · scripted · ~45 sec

"The plan we brought is the Five Pillars, laid out in the one-pager we'll leave with you. The pillar closest to our families is [name it in a sentence], and we're asking your office to help lead on it. UAF will follow up with the specific bills and funding behind it."

IN A HOUSE OFFICE

"Is the Congressman a member of the Bipartisan Fentanyl Prevention Caucus?" If not: "Would they consider joining? It's bipartisan, and it's a signature, not a vote."

IN A SENATE OFFICE

"Which pillar could the Senator help lead on? We'll send exactly what it takes to move it."

Then stop talking and let them respond.

4 CLOSE

CLOSE · scripted · ~20 sec

"Thank you again for your time. I'll leave our one-pager with you, and here's how to reach us. We'll follow up by email. It means a lot that you listened."

Get the staffer's name and email. Shake hands. Leave on time.

IF THEY RESPOND ...

Supportive: "Thank you, that means a great deal to us. Who on your team should we stay in touch with as this moves?" (Get the name and email.)

Noncommittal: "We understand, thank you. We'd love to stay in contact. What's the best email for your health policy staffer?"

Not their issue: "We understand your plate is full. Fentanyl is reaching families in [STATE] too, and this one is bipartisan. We'd just ask that you keep it in mind." Leave the one-pager.

Short or dismissive: Stay warm. Never argue, never raise your voice. "We appreciate your time." A calm family is remembered. An argument is forgotten.

THE SHORT LIST

Do

- Shake hands. Say your name and your city.
- Tell your story. Say your loved one's name.
- Lead with your pillar. In House offices, ask about the Caucus.
- Stay calm, warm, and brief.
- Get the staffer's email before you leave.

Don't

- Don't swear, argue, or raise your voice.
- Don't criticize any person, party, or official.
- Don't feel you owe anyone painful details. Share to your comfort.
- Don't oversell. One clear ask beats ten.
- Don't run over your time.

AFTER THE MEETING

- **Log it.** Office, who you met, their email, and whether they were supportive. Hand it to your captain or HQ.
- **Follow up.** HQ sends a thank-you to each office with the one-pager. Give HQ the staffer's email.
- **Report back.** Tell your captain how it went. Wins and cold shoulders both help.

YOUR THREE ROLES

- **Lead.** Opens, keeps time, makes the ask.
- **Stories.** Families share, in their own words. The heart of the meeting.
- **Closer.** Thanks the office, leaves the one-pager, gets the email.
- Rotate office to office so everyone gets a turn.

"No family should bury a child because of poison masquerading as medicine."

PEOPLE. ACTION. POLICY.

AFTER EACH OFFICE, BEFORE YOU MOVE ON

LOG IT. EVERY OFFICE.

Fill the report-back form once for **every meeting**, right after you leave the room. It takes about a minute, and it is how HQ sends the thank-you and follows up. **Log every office, even one where you only left the packet at the front desk.**

SCAN, OR REPORT AT

secure.everyaction.com/4Heo-VUhT0OCETq5oCgWkA2

One submission per office. You can submit as many times as you have meetings.



HAVE THESE SEVEN ANSWERS READY BEFORE YOU HIT SUBMIT

1

WHICH OFFICE

Senate or House, and the Member's name. **For senators, note which of the two.**

2

DID IT HAPPEN?

Held as scheduled · Shortened · Only left the packet at the front desk · Cancelled or no-show.

3

WHO YOU MET

Name and role. Scheduler, health LA, legislative aide, front desk.

4

THEIR EMAIL

The one field HQ cannot follow up without. Get it before you leave the room.

5

HOW IT WENT

Supportive · Noncommittal · Not their issue · Cool or dismissive.

6

ANY COMMITMENT

Will join the Caucus · Will review · Wants more info · No commitment.

7

YOU

Your name, your state, and your email, so HQ knows who reported it.



OPTIONAL, IF YOU HAVE TIME

The pillar you led with, whether a House office will join the Caucus, a memorable quote, or a photo.

If you remember one thing: get the staffer's email in the room, and log the meeting the same day. A cold shoulder is still worth logging, it tells us where to go back.

THE PLAN OUR FAMILIES ARE HANDING YOU TODAY

A HISTORIC MOMENT IN THE FIGHT AGAINST FENTANYL

A NONPARTISAN MOVEMENT OF BEREAVED FAMILIES FROM NEARLY ALL 50 STATES | PEOPLE. ACTION. POLICY.

No family should bury a child because of poison masquerading as medicine.

PEOPLE. ACTION. POLICY.

THE FIVE PILLARS

PICK THE PILLAR CLOSEST TO YOUR WORK. EACH ONE CARRIES SPECIFIC LEGISLATION.

01 HONOR SURVIVORS

Impacted families deserve financial support for funerals, medical bills, legal bills, and grief counseling, guided by trained victim advocates, plus a permanent National Opioid Crisis Memorial in Washington, D.C.

HONOR & SUPPORT

02 PROVIDE EVERY STUDENT EVIDENCE-BASED PREVENTION

The current approach to drug education is fragmented and inadequate. We must ensure that every student in America receives clear, consistent, evidence-based education about today's drug threats.

PREVENTION & EDUCATION

03 MAKE TREATMENT EASIER TO ACCESS THAN ILLEGAL DRUGS

In too many communities, it remains easier to buy illegal drugs than to access treatment. Every pathway must be expanded: hospitals, primary care, harm reduction, deflection, and drug courts.

TREATMENT ACCESS

04 BUILD A RECOVERY-FRIENDLY AMERICA

Recovery is a long-term process and too many are left without support. Government must fund recovery community organizations, transitional housing, employment, and recovery coaches.

RECOVERY POLICY PACKAGE

05 DISRUPT THE ILLICIT FENTANYL SUPPLY

China remains the key source of precursor chemicals. The U.S. should lead efforts to create a new global synthetics drug treaty requiring strict export controls, and hold all traffickers accountable.

SUPPLY & ENFORCEMENT

WHO WE ARE

United Against Fentanyl is a nonpartisan nonprofit that interrupts the use of illicit fentanyl through bold, evidence-based initiatives. We are grief-led: every walk and every chapter is fronted by a bereaved parent. Behind them stand recognized leaders from law enforcement, public health, medicine, foreign policy, and investigative journalism.

9,000

WALKERS IN A SINGLE DAY

100+

CITIES, NEARLY ALL 50 STATES

500+

PARTNER NONPROFITS

50

STATES SENDING LETTERS TO CONGRESS

WHY WE ARE HERE

In every state, a captain leads bereaved families into the offices of their own senators and representatives, carrying the names of the children they lost to the lawmakers with the power to act.

**PEOPLE.
ACTION.
POLICY.**

Families open the door.

Policy closes the loop.

NONPARTISAN. WE WORK WITH OFFICES ON BOTH SIDES.

THE ASK · BIPARTISAN · START ANYWHERE

PICK A PILLAR. WE BRING THE SPECIFICS.

Each pillar carries specific legislative and appropriations recommendations, not just principles. Tell us where your office wants to lead, and United Against Fentanyl will follow up with exactly how to move it.

TWO WAYS TO SAY YES TODAY

CHAMPION A PILLAR

Tell us which pillar your office will lead on. UAF follows up with the specific bills, funding, and language behind it.

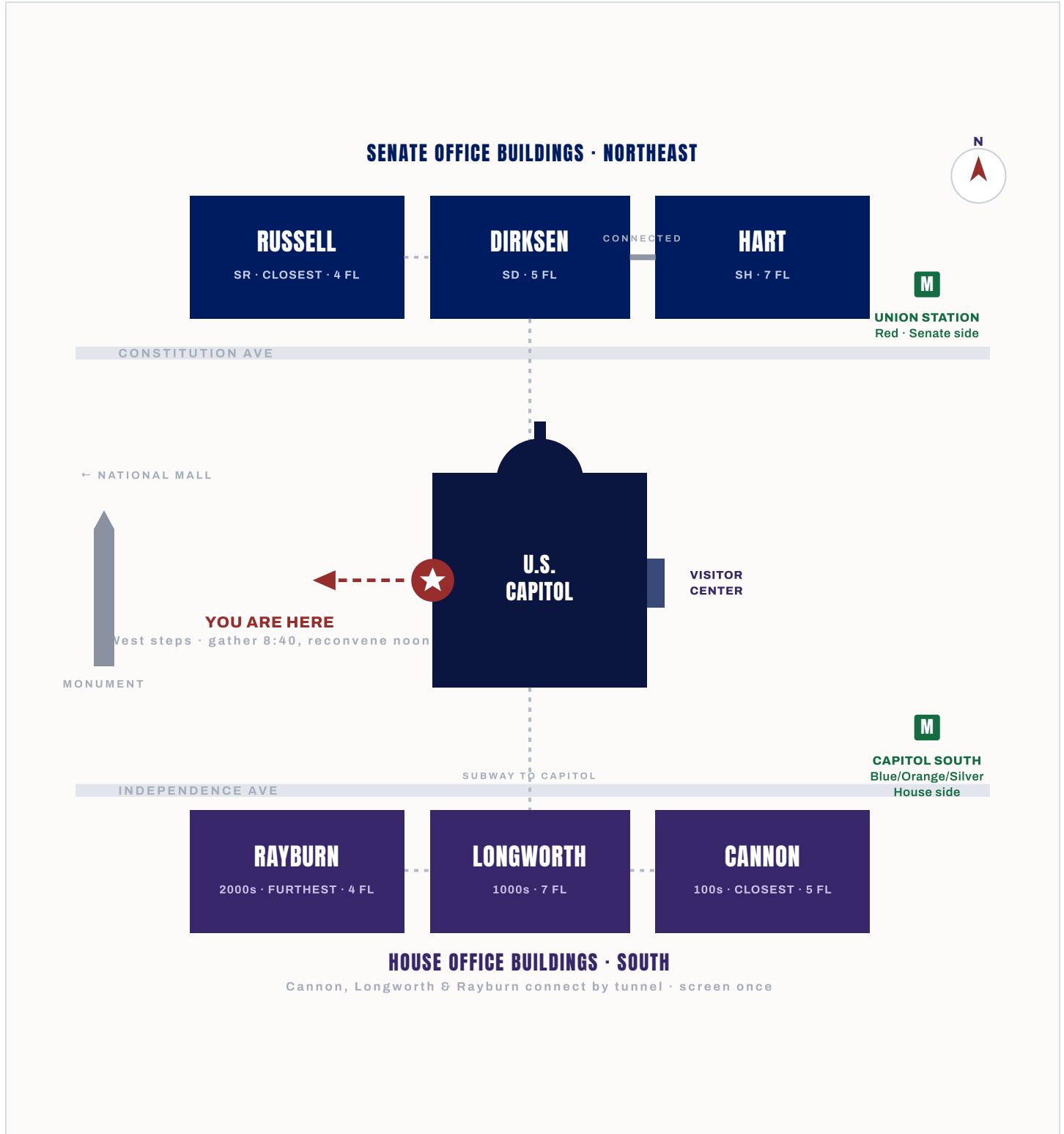
JOIN THE CAUCUS

Bipartisan Fentanyl Prevention Caucus (House). Co-chairs Neguse, Issa, Dean & Calvert. Adding your office is a signature, not a vote.

FIND YOUR WAY AROUND THE HILL

THE CAPITOL COMPLEX

Three **Senate** buildings sit northeast of the Capitol, three **House** buildings to the south, with the Capitol between them. You clear security **once per side**. Tunnels connect the buildings on each side, so do both senators first, then cross to the House. Page 2 shows how to read any room number.



HOW TO FIND ANY OFFICE

Senate

SR	Russell Senate Office Building
SD	Dirksen Senate Office Building
SH	Hart Senate Office Building

The letters tell you the building. The first number is the floor. **SH-216** is Hart, 2nd floor, room 16.

House

100s	Cannon (3 digits)
1000s	Longworth (starts with 1)
2000s	Rayburn (starts with 2)

The number tells you the building. The first digit is the floor. **2312** Rayburn is the 3rd floor. **1024 Longworth** is the 1st floor.

GETTING THERE & MOVING AROUND

- **Your card lists your building and room.** Read it with the key above and you can find any office in the complex.
- **Metro. Capitol South** (Blue, Orange, Silver) is steps from the House buildings. **Union Station** (Red) is nearest the Senate side.
- **Screen once per side.** Clear security entering the Senate buildings, do both senators, then cross to the House side and screen once more.
- **Use the tunnels.** Hart and Dirksen connect on every floor; Cannon, Longworth, and Rayburn connect underground. You never re-screen between buildings on the same side.
- **We gather and reconvene** on the Capitol's west steps facing the Monument, at 8:40 and again at noon.



FIND A HOUSE OFFICE
house.gov



FIND A SENATE OFFICE
senate.gov

ONE LINK RUNS YOUR WHOLE WEEKEND

EVERYTHING, IN YOUR POCKET.

The Washington Weekend app holds two things built for you. **Add it to your home screen** so it is one tap on the day, and it keeps working even with no signal in the buildings.

FOR YOUR FAMILIES

MY HILL DAY

- Each person picks their state and finds **their own card**
- Their two senators, their rep, wave & meeting order
- The full schedule, front to back
- The Capitol map, buildings and rooms
- Works offline once it is open

FAMILIES ENTER THE CODE

HILLDAY

Send your delegation the link, and this code, before the day.

FOR YOU, THE CAPTAIN

CAPTAIN VAULT

- Your state's delegation roster
- Leading your delegation & the playbook
- Rally your state's Dear Washington letters
- Registration links and the team shirt
- Track your reach on the standings

PASSCODE

captain2026

Open the Vault at the app's </captains.html>



SCAN OR OPEN THE APP

eloquent-tulumba-d5e516.netlify.app

Add to Home Screen: open the link, tap Share, then "Add to Home Screen." It installs like an app and opens full-screen, no signal needed.

CAPTURE THE WEEKEND · WHEN IN DOUBT, FILM IT

YOU ARE THE CAMERA

No one in the fentanyl fight has ever shown this: thousands of families, coordinated, walking the halls of Congress and across the Mall. **The footage your delegation captures is the proof** that we are organized, we are everywhere, and we are not going away.

THE SHOT LIST

HILL DAY · FRIDAY

- Your delegation walking the halls of Congress together. **The money shot.**
- Approaching the Capitol from outside, your group moving as one.
- Your delegation lined up outside your Senator's or Representative's office door.
- The ask: handing over your letters, or the moment you walk in.
- **Faces:** one person, 10 seconds, saying who they lost and why they are here.

WALK FOR LIVES · SATURDAY

- Delegation crossing the National Mall with the Monument in frame.
- Wide crowd shots at step-off. Capture the scale.
- Your state sign or banner held high.
- The stage and speakers at the podium.
- Reactions: tears, hugs, the human moments.

EVERY EVENT

- **Film horizontal** (sideways) for anything that might go on a big screen.
- **Film vertical** for Facebook, Reels, and Stories.
- Hold each clip still for **5 full seconds**. Steady beats fancy.

HOW TO SEND IT IN

- 1** Upload everything to the **UAF footage folder** the night of each event, or as you go. Scan the code to open it.
- 2** Name your files with your state, like "Texas-hallway-1."
- 3** **Do not edit or filter.** Send us the raw footage. We will cut it.

**Scan to upload your footage**drive.google.com › UAF Washington Weekend
footage

WHEN YOU POST IT YOURSELF

- Tag **@walkforlives** and **@unitedagainstfentanyl**.
- Use **#WalkForLives** **#WashingtonWeekend** **#FentanylFreeAmerica** **#SayTheirNames**.
- **Post to Facebook first.** That is where our people are.

THE LIVESTREAM

- The podium moment and any press conference livestream on the **United Against Fentanyl** Facebook page.
- Tell your delegation and your networks back home to tune in live and share it as it happens.

THE GOLDEN RULE

If you are deciding whether to film it, film it. We cannot recreate this. There is no second take on history.

YOU MADE THIS HAPPEN

THANK YOU, CAPTAIN.

You booked the meetings, you built your delegation, and you are walking your families into the one building with the power to act. **None of this happens without you.** Lead with calm, say their names, and we will handle the follow-up together.

Everything is in the app: eloquent-tulumba-d5e516.netlify.app

Questions or help, any time: [Jacob Lignell](mailto:jacob.lignell@hillday.org) · 269-281-6880